

Saturday, January 15, 8:30-11:30 am

Entry Fee: \$25 members/\$35 non-members

Pre-registration required - no day of event registration

Registration closes January 13, 2022

Check-in: 8:30 am for ages 8-11; 9:30 for ages 12-14

(370088-A1) 8-11 yrs - 75 yd swim, 2 mile bike, .75 mile run (370088-A2) 12-14 yrs- 125 yd swim, 3 mile bike, 1 mile run





Participants must be able to swim the entire course without flotation device or other assistance. Proper swimwear must be worn. Closed toe shoes must be worn for bike & run portions. Bikes are Kaiser Spin Bikes located in studio, run will be completed on indoor track. All registrants receive certificate and towel.

Top finishers receive medals- compiled times.

